

Risk Assessment for the Pre-Loading of Insulin Pens for Patient Self Administration in the Community

The nurse completing the risk assessment should be able to answer YES to all the questions below

1. Have all alternative methods of treatment been considered?
2. Does the patient/carer want to administer the pre-loaded pen of insulin?
3. Is the patient/carer able to demonstrate an understanding of their diabetes, and has consistent capacity and physical ability to undertake the task safely, administering the right dose, at the right time, adopting the correct technique?
4. Is the patient able to demonstrate the safe attachment, and removal of the needle to the pen, or has access to a carer who is competent to do this for the patient?
5. Is the patient/carer able to demonstrate safe disposal of sharps as per Humber Foundation Trust (HFT) Policy?
6. Is the appropriate device in the patient's home to enable safe removal of the needle after administering insulin?
7. Is the patient able to monitor their own blood sugar levels? Or are arrangements in place for this to be done for them?
8. Is the patient/carer able to recognise symptoms such as hypoglycaemia or hyperglycaemia and take appropriate action if required?
9. Is the patient/carer aware that he/she is sharing responsibility for their actions, in relation to the self-administration of insulin, and can withdraw their agreement/consent at any time?
10. Is there safe storage of the pre-loaded pen?
11. Does the patient/carer have relevant contact details for advice and support if required, especially for urgent situations?
12. Has the patient/carer been observed 3 times self-administering the pre-loaded dose insulin and disposal of needles?
13. Is the nurse confident of the patient's or carer's competency with the procedure?

Patient	Carer	Registered Nurse	Community Matron/Clinical Lead
Signature	Signature	Signature	Signature
Date	Date	Date	Date